



Left
Behind
Neighbourhoods

Sharon Barnes, Chair, & Kate Whitmarsh, Development Officer, Ewanrigg Big Local

Ewanrigg Big Local is based on a housing estate in Maryport, West Cumbria. Sharon and Kate will talk about their resident-led and award-winning health and wellbeing work, including 'HUG A MUG', and the WE WILL youth mental health campaign.

